

Career Services Necessary in Employment Transitions Programs

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Career Services are necessary in employment transition programs to ensure workers make effective decisions while experiencing high levels of stress and fear.

This has been highlighted again following the announcement that Australia's biggest power station in Eraring NSW is shutting down in 2025, seven years earlier than predicted.

Media reports have indicated that workers are devastated, with many already feeling anxious that their skill sets are too limited to find alternative work.

"Making an effective career transition is much more than scanning online job sites and submitting mountains of resumes," CDA Australia National President Linda Jeffrey said.

"Workers experiencing fear and stress, make better decisions when partnered with a career development practitioner who helps them to understand themselves and what meaningful work means for them."

Career practitioners can also help workers understand what supports and barriers affect their decisions, how to maintain their health and wellbeing, and how to manage the career transition process.

In addition to the power station employees and contractors, local businesses across the Lake Macquarie community will also be affected and are likely to lay off workers.

"While there has been some planning to support local people to secure new roles, many details are still unclear and time is short," Ms Jeffrey said.

"CDA Australia has reached out to key stakeholders to offer support and assistance and will continue to advocate wherever possible for practical and effective employment transition support for all affected workers."

CDA Australia is currently undertaking a project to help promote the importance of including career services in transition programs.

Workforce and industry transitions frequently take place without integrating employee access to professional career development practitioners.

But there is a significant and growing body of national and international evidence which demonstrates that professional career support delivers improved employment outcomes during career transitions.

CDA Australia members can help you manage your career, make occupational and study decisions and plan career transitions. Find a career specialist [here](#).

The Career Development Association of Australia (CDA Australia) commenced as the Australian Association of Career Counsellors in 1989, and is Australia's largest cross-sectoral association of career development professionals working in a diverse range of roles, delivering services in industry, government, education, employment programs and community organisations. The primary purpose of the CDA Australia is to support its members by leading, building and growing the career development profession.

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